

## **Moviprep**

Your doctor may recommend this bowel preparation for various abdominal or rectal surgeries. He will provide you with a prescription for this at his office or it may be called into your local pharmacy.

The day before your scheduled surgery, you must drink **CLEAR LIQUIDS ONLY**. For Dr. Marx, these liquids include water, soft drinks, coffee, tea, popsicles, jello, broth, or clear juices. **DO NOT DRINK MILK OR ANY RED OR PURPLE DRINKS**. Continue to drink these up until midnight to keep yourself adequately hydrated.

**Beginning at:    2PM   (The doctor will provide you with a date)**

### **Step 1. Mix First Dose:**

**Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.**

**If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.**

### **Step 2. Drink First Dose:**

**The MoviePrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the**

**next mark (approximately 8 oz.), until the full liter is consumed.**

**Drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.**

**Beginning at: 7pm**

**Step 3. Mix Second Dose:**

**Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.**

**If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.**

**Step 4. Drink Second Dose:**

**The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.**

**Drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.**

**It is important that you prepare your body by drinking extra clear liquids before the prep to prevent dehydration. Stay hydrated by drinking all required clear liquids during the prep.**

**Do not consume anything by mouth after midnight. The only exception to this is if the doctor has allowed you to take your morning medications with small sips of water.**

**For any questions, please don't hesitate to call our office.**